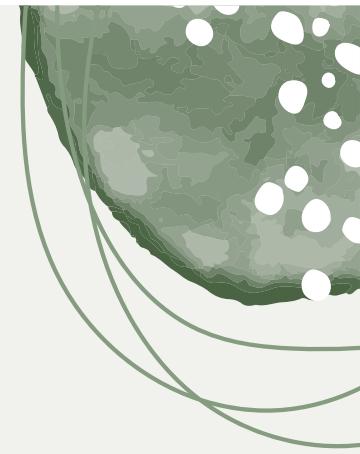


# Flourish & Nourish at Cooper



*Gather, share a meal, and build stronger connections.*

Flourish & Nourish sessions are casual spaces for health care providers and learners to come together, share a meal, and connect about the joys and challenges of clinical care.

We start with a prompt to help conversation get flowing – the rest of the time is unstructured to eat and relax.

Date	Time & Location
Monday, February 9 <sup>th</sup>	12-1p   Conference Center (CC 103-104)

**Please use the QR code to RSVP.**  
This event has limited capacity, so sign-up quickly to secure your spot!

**Lunch will be provided.**  
**Those who attend will be entered into a raffle to win a gift card.**



Flourish & Nourish is a wellness initiative presented by the Compassion and Resiliency Experience (C.A.R.E.) Program and GME Wellness.

Reach out to [hays-alexa@cooperhealth.edu](mailto:hays-alexa@cooperhealth.edu) with questions.

