

## *A Blessing*

*Blessings upon your hands,  
and their healing touch, sensitive even through protective gloves;*

*Blessings upon your eyes,  
as you see through shields and goggles, never looking away;*

*Blessings upon your feet,  
as you move from need to need, hour after hour;*

*Blessings upon your mind,  
focused even when heavy and pushed by immense complexities;*

*Blessings upon your heart,  
as you feel for your patients and their families, and your own;*

*Blessings upon you,  
for you are a blessing.*

*Amen.*

*—Chaplain John Ehman, 4/1/20  
Penn Presbyterian Medical Center*