

Please join MD Anderson Cancer Center at Cooper for

# Walk, Talk, and Thrive



**Walk, Talk, and Thrive** gathers cancer survivors, caregivers, members of the community, and Cooper University Health Care employees for biweekly exercise at MD Anderson at Cooper. The program is held in collaboration with the American Cancer Society's Team HEALE (Healthy Eating and Active Living Environments) Camden, a partnership of Camden-based health institutions dedicated to increasing awareness of the impact of healthy eating and active living on cancer risk.

No registration is required – just show up and be ready to move! Remember to bring a bottle of water for hydration.

## **When**

**Tuesdays and Thursdays  
from 5:15 p.m.  
(rain or shine)**

## **Where:**

**MD Anderson Cancer Center  
at Cooper  
Two Cooper Plaza  
400 Haddon Avenue  
Room 4100  
Camden, NJ 08103**

MD Anderson  Cooper  
Cancer Center

Making Cancer History®